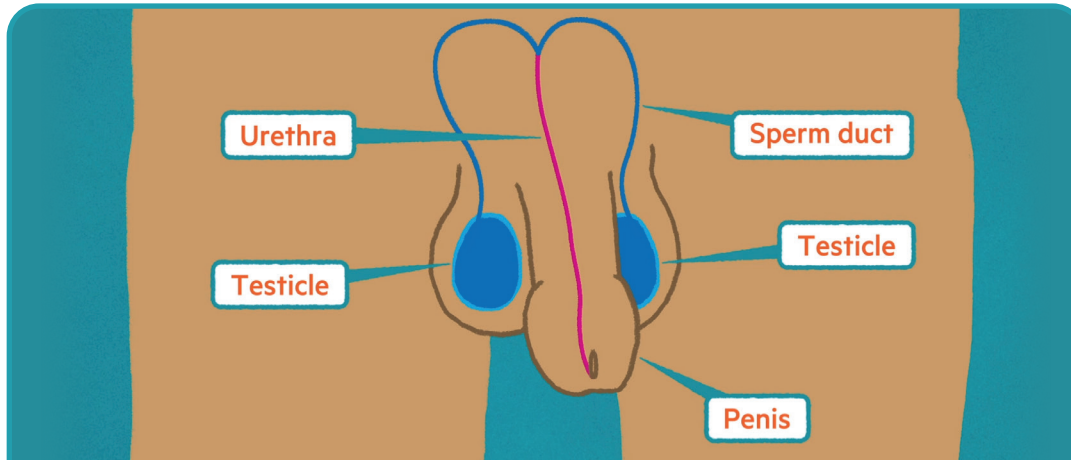
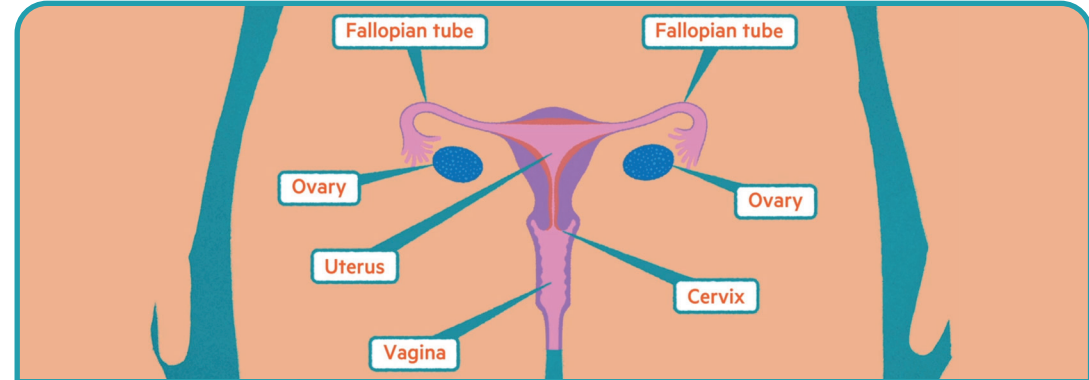


Year 6 - Safety and the changing body

Alcohol	A drink that can cause people to become drunk which can make people lose control of their behaviour.
Cyberbullying	Bullying that occurs through the internet.
Internet trolling	Posting rude, inappropriate or unkind things online with the intent of upsetting others.



Ejaculation	When the penis becomes erect and sperm come out of the body.
Erection	When a male's penis becomes hard and upright.
Penis	The male external sex organ.
Scrotum	The pouch which hangs behind the male's penis and contain the testes.
Sexual intercourse	Where a male inserts his penis into the female's vagina.
Sperm	The male sex cell made in the testicles.
Sperm duct	The tube sperm travels through.
Testicles / testes	Produce sperm and male sex hormones.
Wet dreams	Ejaculation which happens when a boy is asleep.



Conception	Another word for fertilization.
Egg / ova	Produced by females in the ovary.
Fallopian tube	The tube which connects the ovaries to the womb/uterus.
Fertilization	When a male sperm joins a female egg and a baby starts to grow.
Labia	The folds of skin on the external female genitals (vulva).
Menstruation / period	The shedding of the womb/uterus lining each month which causes bleeding.
Nipples	On the chest of males and the breasts of females. In females, a baby can suck milk from the nipple.
Ovary / ovaries	On each side of the womb and release eggs each month.
Pregnant	When a woman has a baby developing in her womb.
Uterus / womb	The place in a female where a baby grows during pregnancy.
Vagina	The tube inside a female which connects the womb to the outside.
Vulva	The external female sex organs.

Key concepts

Adults decide if they want to drink alcohol or not.
There are risks related to drinking alcohol.

If someone is choking, we can help with back blows or tummy thrusts.

If someone is unresponsive but breathing, we should put them in the recovery position.



Respecting people online is as important as respecting them face to face.



THINK

Before sending online messages, remember:

- T** - Is it **true**?
- H** - Is it **helpful**?
- I** - Is it **inspiring**?
- N** - Is it **necessary**?
- K** - Is it **kind**?

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Getting help

In an emergency,
call 111 or 999.

If you are worried about something, talk to an adult you trust.

Contact: Childline
www.childline.org | 0800 1111
Calls do not show on the phone bill

